

PSYCHOLOGY (PSY)

Degrees offered: B.A. or B.S.

Requirements for the Psychology Major

A Major in Psychology consists of the following 30 hours:

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| A. | PSY 201 | General Psychology | (3 hours) |
| B. | PSY 306 | Abnormal Behavior | (3 hours) |
| | PSY 307 | Psychology of Personality | (3 hours) |
| | PSY 312 | Research Methods in Psychology | (3 hours) |
| C. | PSY 403 | Physiological Psychology | (3 hours) |
| | PSY 410 | Social Psychology | (3 hours) |
| D. | PSY 400 | Capstone Seminar | (1 hour) |
| E. | Eleven (11) hours of approved electives, three hours of which must be 300-400 level course.
(PSY 309 is recommended for students planning to pursue graduate study.) | | |

Requirements for the Psychology Minor

A Minor in Psychology consists of the following 18 hours:

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| A. | PSY 201 | General Psychology | (3 hours) |
| B. | Fifteen (15) hours of approved electives | | (15 hours) |

Course Descriptions

PSY 201 **GENERAL PSYCHOLOGY:** Three hours

An introductory course designed to acquaint students with the generally accepted facts, principles and theories bearing on human behavior.

PSY 204 **HUMAN GROWTH AND DEVELOPMENT:** Three hours

A course examining theories of human cognitive and physical development throughout the lifespan emphasizing biopsychosocial interrelatedness, the interplay of genes and the environment (epigenetics), and the importance

of healthy practices including those related to physical well-being (diet, rest, exercise) and mental well-being. Students are introduced to the importance of establishing and maintaining positive, nurturing, collaborative relationships from the level of immediate family to the larger world of work and society, in order to promote intellectual, emotional, social, moral, and physical health across the lifespan in populations served (such as elementary school children in schools or the elderly in geriatric care facilities). (Cross-listed with EDU 204).

PSY 206 PSYCHOLOGY OF WOMEN: Three hours
Considers the process of neuro-physiology as it affects a woman throughout the span of her life, from prenatal development through old age, shaping her behavior, beliefs and attitudes, and her relationships.

PSY 275 MULTICULTURALISM: A PERSPECTIVE: Three hours
A course designed to help students perceive the cultural diversity of U.S. citizenry, develop pride in their own cultural legacy, awaken to and objectively consider the ideals embodied in the cultures of others, make informed decisions adapted to the needs of diverse populations and develop an appreciation of the common humanity shared by all peoples of the interdependent world. (Cross-listed with SOC 275)

PSY 300, 301 DIRECTED READINGS IN BEHAVIORAL SCIENCE: One to Three hours each
Readings in selected, specialized content areas of Behavioral Science, chosen jointly by student and instructor. Written and oral reports required.

PSY 302 EDUCATIONAL PSYCHOLOGY: Three hours
A course examining psychological principles in education, including the topics of educational research; psychosocial, moral, and cognitive development; student motivation; learning theories; and contemporary and historical views of intelligence. Guides students in applying educational research to support learner's physical, social, emotional, and cognitive development. (Cross-listed with EDU 302)
Prerequisite: PSY 201

PSY 305 COUNSELING PRINCIPLES AND PRACTICES: Three hours
Study and practicum involving theories, principles, problems and

techniques. (For majors only or with the permission of the professor.)

PSY 306 ABNORMAL BEHAVIOR (CT): Three hours

A study of the psychological processes involved in the various mental disorders and concepts relating to them.

Prerequisite: PSY 201

PSY 307 PSYCHOLOGY OF PERSONALITY: Three hours

Fundamental theories of personality, with attention to the cultural and biological determinants.

Prerequisite: PSY 201

PSY 309 SOCIAL SCIENCE STATISTICS: Three hours

A study of basic measures of central tendency. Includes Z- and T-scores, ANOVA, Correlation and Regression (bivariate), and Chi-squared.

(Cross-listed with SOC 309)

PSY 312 RESEARCH METHODS IN PSYCHOLOGY (CT): Three hours

Basic research theory, methods and design. Course includes values and ethics in research; field techniques; naturalist observation; surveys, experiments, quasi-experimentation, qualitative and quantitative research. The course will also include basic statistical analysis. A research paper is required.

Prerequisite: PSY201

PSY 320 FAMILY AND GROUP PSYCHOLOGY: Three hours

This course is designed to observe and discuss the family from a social, psychological and systemic perspective. Problems of the modern family which arise from within and outside of the family setting will be considered. Furthermore, the student will study the basic issues and key concepts of the group process and learn how to apply these concepts in working with a variety of groups.

PSY 400 SENIOR SEMINAR IN PSYCHOLOGY: One hour

An upper-level, intensive seminar on selected aspects of psychology as a means of enhancing learning and unifying the knowledge and experiences acquired as a psychology major. The senior seminar is designed to aid the psychology major in their transition from college to professional services and/or professional studies.

Prerequisite: Senior status or special permission

PSY 402 EXCEPTIONAL CHILDREN (CT): Three hours

A designated critical thinking course designed to assist the future educator in meeting the needs of students with exceptionalities in all educational settings by problem solving through the use of critical thinking skills and dispositions.

(Cross-listed with EDU 205)

PSY 403 PHYSIOLOGICAL PSYCHOLOGY: Three hours

A study of the relation between physiological functions and psychological functions. (Lec. 2, Lab. 1)

Prerequisite: PSY 201, either BIO 104 or BIO 103

PSY 404 HISTORY OF PSYCHOLOGY: Three hours

The historical development of modern psychology. The course deals with the nature of the psychological problems that have been raised at different periods and the attempts at solution of these problems.

PSY 406 EVALUATION OF LEARNING AND TEACHING (CT): Three hours

A designated critical thinking course designed to assist the future educator in developing systems of assessment utilizing standardized and teacher-made instruments and observations to develop instruction, adjust learning interventions in progress and measure instructional effectiveness.

Prerequisite: PSY 201

(Cross-listed with EDU 303)

PSY 410 SOCIAL PSYCHOLOGY: Three hours

Social Psychology is focused on the behavior of individuals as they interact with others and are influenced by the social factors of society. Attitudinal formation and change, motivation, social roles, aggression and altruism are examined. The individual is examined in small and large group interactions.

(Cross-listed with SOC 410)

PSY 411 SPECIAL STUDIES: Three hours

A course for upperclassmen seeking to complete requirements in their major or minor disciplines. Subjects will be taught that do not appear in the College catalog but are of value to a student in her career objectives and/or graduate studies.

Prerequisite: Approval by the Department Head

PSY 412 **SPECIAL STUDIES:** Three hours

A course for upperclassmen seeking to complete requirements in their major or minor disciplines. Subjects will be taught that do not appear in the College catalog but are of value to a student in her career objectives and/or graduate studies.

Prerequisite: Approval by the Department Head

PSY 413 **SPECIAL STUDIES:** Three hours

A course for upperclassmen seeking to complete requirements in their major or minor disciplines. Subjects will be taught that do not appear in the College catalog but are of value to a student in her career objectives and/or graduate studies

Prerequisite: Approval by the Department Head

PSY 414 **SPECIAL STUDIES:** Three hours

A course for upperclassmen seeking to complete requirements in their major or minor disciplines. Subjects will be taught that do not appear in the College catalog but are of value to a student in her career objectives and/or graduate studies

Prerequisite: Approval by the Department Head

PSY 415 **PROFESSIONAL DEVELOPMENT:** Three hours

The study of dress and appearance in developing a professional image, including personal and professional ethics, etiquette, resume writing and personal interviewing. (Open to non-majors)

PSY 449, 450 **INDEPENDENT STUDY:** Three hours per course

Tutorial courses designed to meet particular needs of the students.

Prerequisite: PSY 201 and approval of the Department Head and Academic Dean

PSY 470 **PRACTICUM IN PSYCHOLOGY:** One hour

An educational experience where the student is exposed, through actual observations and participation, to the various aspects of a work situation. This course is designed to meet the needs of Psychology majors or minors who plan to gain employment in a mental health/social services related field following graduation.

PSY 471 INTERNSHIP: Three to Six hours

This course provides an opportunity for further study in psychology/counseling by participation as an intern with local mental health agencies, the Department of Human Services or with not-for-profit area mental health or social services agencies. Daily journals and a final written evaluation will be required of each student. Application and one page proposal describing the nature, location, and duration of the desired internship should be submitted to the Department Head at least three months in advance. Internship guidelines and procedures stated elsewhere in this Catalog will be followed. The course is recommended for Psychology majors who plan to attend graduate studies following their graduation from Judson.

Prerequisite: Approval of the Department Head and Academic Dean