

Toria Mendow

## Artist Statement

My current body of work depicts some of the low points and high points in my emotional state.

Each of these emotions is unique and play a role in my development.

I represented each of these emotions with both representational and abstract art. To create variety within my body of work, I used different types of texture and color. I also used different mediums such as charcoal on canvas, charcoal on paper, oil paint on canvas, and computer media on cardstock.

I wanted to share with others the emotional journey I went through and how this journey made me the person that I am today. For a long time, I did not understand how to describe my emotions and didn't how to express myself, but my art has helped me understand myself and has helped me see the measure of my personal growth. This journey has been chaotic at times, but through it all I did have my rock and my center of peace, God. Above all, he is the one who helped me and showed me that I have greater things ahead of me and that he has created me for those greater things. I wanted to share this so that others could see that with God in my life, he can bring an overwhelming joy through my darkest point and that it could help give hope to others going through the same experience.

“The pain that you’ve been feeling cannot compare to the joy that’s coming.” (Romans 8:18)