

## **ADDITIONAL COURSES IN THE ARTS & SCIENCES**

The courses below are available for the purpose of fulfilling requirements within the General Education Curriculum, fulfilling elective hours, fulfilling portions of majors (e.g. some Physics courses are required for the Chemistry major) and/or for the enrichment of the curriculum and overall learning experience of the students at Judson College.

### **CULTURAL STUDIES (CUL)**

#### **CUL 211                    CULTURAL STUDIES: 3 to 4 hours**

In order to allow students exposure to life and learning in other cultures, Judson provides opportunities for participation in foreign study programs. Cultural Studies 211 is a course that students can take through Judson and is taught by Judson faculty. Each course will have its own emphasis, which will be determined by both the professors and the destination. Students will increase their knowledge of their field of study and/or the world, which may fulfill Goal II or Goal V of Judson's General Education Curriculum Requirements, at the discretion of the professors and with the approval of the academic dean. A lab (CUL 211.1) may be offered during the spring semester as a foundation for study abroad.

### **FINE AND PERFORMING ARTS (FPA)**

#### **FPA 112                    BEGINNING BALLET: 1 hour**

Principles, techniques, and body alignment for the beginning ballet student. Fee required.

#### **FPA 114                    BEGINNING TAP: 1 hour**

Principles and techniques for the beginning tap student. Fee required.

**FPA 212 INTERMEDIATE BALLET: 1 hour**

Principles, techniques and body alignment for the intermediate ballet student. Fee required.

**FPA 240 DRAMA WORKSHOP: 0 to 3 hours**

This practicum consists of hands on experience in the production of dramatic performances: selection of scripts, direction, technical preparation, and acting. A student may elect to take this class for zero hour credit; however, approval of the Academic Dean is necessary if this would cause an overload. This course is required of all English/Language Arts majors. (Cross-listed with ENG 240)

**FPA 241 DRAMA WORKSHOP: 1 to 3 hours**

This practicum consists of hands on experience in the production of dramatic performances: selection of scripts, direction, technical preparation, and acting. (Cross-listed with ENG 241)

**FPA 312 ADVANCED BALLET: 1 hour**

Principles, techniques and body alignment for the advanced ballet student. Fee required.

## **FRENCH (FRE)**

**FRE 101, 102 ELEMENTARY FRENCH I AND II: 4 hours each course**

Introduction to reading, writing, speaking and understanding French. Three lecture periods and two laboratory periods a week.

*Prerequisite for FRE 102: FRE 101*

**FRE 201, 202 INTERMEDIATE FRENCH I AND II: 3 hours each course**

Completion of the essentials of grammar and introduction to French literature.

*Prerequisite for FRE 201: FRE 102 OR 3-4 years of High School French*

*Prerequisite for FRE 202: FRE 201*

**FRE 303 ADVANCED FRENCH I: 3 hours**

The study of French with emphasis on grammar, structure, translation, and composition.

*Prerequisite: FRE 202 OR approval of the Department Head*

**FRE 304                    ADVANCED FRENCH II:** 3 hours

The study of French with emphasis on composition, conversation, reading, and culture.

*Prerequisite: FRE 202 OR approval of the Department Head*

**FRE 309, 310            SURVEY OF FRENCH LITERATURE I AND II:**

3 hours each course

Selected readings in the fields of drama, fiction, and lyric poetry.

*Prerequisite: FRE 201, 202 OR three units of French*

**FRE 411                    SPECIAL STUDIES:** 3 hours

This course will offer intensive study of some aspect of French literature, history, or culture. The topics will vary and the course may, therefore, be taken for credit more than once with the Approval of the Department Head.

*Prerequisite: 3 hours of 300-level French OR approval of the Department Head*

**FRE 449, 450            INDEPENDENT STUDIES:** 1 to 6 hours

Directed reading. Instruction is given through personal conferences rather than class sessions.

*Prerequisite: 3 hours of French at the 300 level, approval of the Department Head and Academic Dean*

## **GEOGRAPHY (GEO)**

**GEO 202                    ELEMENTS OF GEOGRAPHY:** 3 hours

This course provides an introduction to the concepts, elements and ideas of world regional geography by taking a physical and cultural approach to the subject.

**GEO 303                    PHYSICAL GEOGRAPHY:** 3 hours

The study of the nature, features and theories of physical and human geography by studying the earth from a systematic and regional approach. In addition to examining the atmosphere, climate, distribution of plant and animal life, ecological and physical concepts and theories, the course will provide a general understanding of natural environments and how man's activities alter physical resources and life on planet earth.

## **GEOLOGY (GLY)**

### **GLY 101            EARTH SCIENCE: 4 hours**

A course introducing the fundamental processes of investigation in the Earth and space sciences, including the scientific method and experimental design. This course explores the characteristics of land, atmosphere, and hydrologic systems on Earth; patterns and changes in the atmosphere, weather, and climate; properties, measurement, and classification of Earth materials; changes in Earth's land formation and erosion through geochemical cycles, including biotic and abiotic systems; energy flow in Earth systems; origin, change over time, and planetary behaviors; geodynamics of the Earth; and properties of the solar system and universe. This course identifies sources and limitations of natural resources and focuses on the application of Earth and space science to environmental quality and personal and community health and welfare. (Lec. 3, Lab 2)

## **HEALTH AND PHYSICAL EDUCATION (HPE)**

### **HPE 101            WEIGHT TRAINING: 1 hour**

A course designed to introduce the student to the scientific principles of weight training. The course will include a brief history of weight training, fundamentals of weight training, benefits of aerobic training, establishment of a personal training program, differentiation of free weights and machine weight lifting.

### **HPE 102            JOGGING: 1 hour**

A course designed to teach the student correct running technique, and enable the student to participate in a structured jogging program. Included in the course is a brief overview of cardiovascular exercise.

### **HPE 103            WATER AEROBICS: 1 hour**

Introduction to calisthenics, aerobic, and rhythmical activities to be performed in the pool. All activities are performed in chest deep water, thus a class that the non-swimmer as well as the swimmer may enjoy. The concept of physical fitness, with the specific benefits of water resistance activities, will be the major focus of the course.

**HPE 104                    RECREATIONAL ACTIVITIES: 1 hour**

A study of games and recreational activities. This course is designed to allow the student to perform a variety of recreational activities.

**HPE 105                    LEISURE ACTIVITIES: 1 hour**

A study of games and leisure activities. The course is designed to allow the student to perform a variety of leisure activities.

**HPE 108                    SOCCER: 1 hour**

Emphasis is placed on the development of fundamental skills, knowledge, and appreciation. Rules and history of the game will be included.

**HPE 111                    SWIMMING: 1 hour**

A course for swimmers and non-swimmers alike. Emphasis is placed on teaching the student how to propel herself through the water with ease and confidence using the American crawl, back stroke, back crawl and breast stroke. Emphasis is also placed on safety measures and the development of aerobic fitness.

**HPE 113                    TENNIS: 1 hour**

A brief history of the game, court etiquette, selection and care of equipment, rules, scoring of the game, and strategy. Emphasis is placed on the development of the basic skills such as forehand, backhand, serve, volley and overhead. Strategy, patterns of play and match play will also be emphasized.

**HPE 117                    ARCHERY: 1 hour**

The fundamental skills of archery. Included in the course will be a brief history, selection and care of equipment, and shooting safety. Emphasis will be placed on target and distance shooting.

**HPE 120                    AEROBICS: 1 hour**

The application of physical fitness concepts and principles of conditioning through lecture, discussion and fitness workouts that strengthen the cardio vascular and muscular systems.

**HPE 121                    HEALTH AND FITNESS: 3 hours**

An introductory course dedicated to promoting a healthy lifestyle that results in optimal fitness and wellness. Includes activities, fitness testing and personal assessments.

**HPE 206                    VARSITY VOLLEYBALL: 1 hour**

Varsity volleyball is open to those students who are selected to participate on the Intercollegiate Volleyball Team. Credit is limited to one (1) hour per season, up to a total of four (4) hours during a student's college career.  
*Prerequisite: Selection to the varsity team*

**HPE 207                    VARSITY VOLLEYBALL: 1 hour**

Varsity volleyball is open to those students who are selected to participate on the Intercollegiate Volleyball Team. Credit is limited to one (1) hour per season, up to a total of four (4) hours during a student's college career.  
*Prerequisite: Selection to the varsity team*

**HPE 208                    VARSITY SOCCER: 1 hour**

Varsity soccer is open only to those students who are selected to participate on the Intercollegiate Soccer Team. Credit is limited to one (1) hour per season, up to a total of four (4) hours during a student's college career.  
*Prerequisite: Selection to the varsity team*

**HPE 209                    VARSITY SOCCER: 1 hour**

Varsity soccer is open only to those students who are selected to participate on the Intercollegiate Soccer Team. Credit is limited to one (1) hour per season, up to a total of four (4) hours during a student's college career.  
*Prerequisite: Selection to the varsity team*

**HPE 212                    VARSITY TENNIS: 1 hour**

Varsity tennis is open only to those students who are selected to participate on the Intercollegiate Tennis Team. Credit is limited to one (1) hour per season, up to a total of four (4) hours during a student's college career.  
*Prerequisite: Selection to the varsity team*

**HPE 213                    VARSITY TENNIS: 1 hour**

Varsity tennis is open only to those students who are selected to participate on the Intercollegiate Tennis Team. Credit is limited to one (1) hour per season, up to a total of four (4) hours during a student's college career.  
*Prerequisite: Selection to the varsity team*

**HPE 214                    FIRST AID AND CPR: 2 hours**

A course designed to train students in methods of promoting safety consciousness for accident prevention. An in-depth knowledge of a specific health/safety topic. Red Cross Emergency procedures with emphasis on practical application will be stressed. Upon satisfactory completion of this course, a student will be certified in Standard First Aid.

**HPE 216                    VARSITY SOFTBALL: 1 hour**

Varsity softball is open only to those students who are selected to participate on the Intercollegiate Softball Team. Credit is limited to one (1) hour per season, up to a total of four (4) hours during a student's college career.  
*Prerequisite: Selection to the varsity team*

**HPE 217                    VARSITY SOFTBALL: 1 hour**

Varsity softball is open only to those students who are selected to participate on the Intercollegiate Softball Team Credit is limited to one (1) hour per season, up to a total of four (4) hours during a student's college career.  
*Prerequisite: Selection to the varsity team*

**HPE 218                    VARSITY BASKETBALL: 1 hour**

Varsity basketball is open only to those students who are selected to participate on the Intercollegiate Basketball Team. Credit is limited to one (1) hour per season, up to a total of four (4) during a student's college career.  
*Prerequisite: Selection to the varsity team*

**HPE 219                    VARSITY BASKETBALL: 1 hour**

Varsity basketball is open only to those students who are selected to participate on the Intercollegiate Basketball Team. Credit is limited to one (1) hour per season, up to a total of four (4) during a student's college career  
*Prerequisite: Selection to the varsity team*

**HPE 220                    INTERMEDIATE AEROBICS: 1 hour**

A continuation of HPE 120, Aerobics.

## **JUDSON ORIENTATION (JUD)**

### **JUD 101                    FOUNDATIONS FOR SUCCESS: 1 hour**

This course is designed to help determine how each student will use her college education by providing essential strategies and information for academic and social success. Through this course, each student will develop tools for maximizing her total college experience.

## **WOMEN'S STUDIES (WST)**

### **WST 101                    WOMEN IN SOCIETY: 1 hour**

This course will emphasize the experience of women both historically and cross-culturally in the United States as well as the rest of the world. Focus will be on the distinctive role of women in all disciplines.