

## PSYCHOLOGY (PSY)

Degrees offered: B.A. or B.S.

### Requirements for the Psychology Major

A Major in Psychology consists of the following 30 hours:

- |    |  |                                |           |
|----|--|--------------------------------|-----------|
| A. | PSY 201  | General Psychology             | (3 hours) |
| B. | PSY 306  | Abnormal Behavior              | (3 hours) |
|    | PSY 307  | Psychology of Personality      | (3 hours) |
|    | PSY 312  | Research Methods in Psychology | (3 hours) |
| C. | PSY 403  | Physiological Psychology       | (3 hours) |
|    | PSY 410  | Social Psychology              | (3 hours) |
| D. | PSY 400  | Capstone Seminar               | (1 hour)  |
| E. | Eleven (11) hours of approved electives, 3 hours of which must be 300-400 level course. (PSY 309 is recommended for students planning to pursue graduate study.) |                                |           |

### Requirements for the Psychology Minor

A Minor in Psychology consists of the following 18 hours:

- |    |  |                    |            |
|----|--|--------------------|------------|
| A. | PSY 201                                  | General Psychology | (3 hours)  |
| B. | Fifteen (15) hours of approved electives |                    | (15 hours) |

A minor in Equine Facilitated Mental Health may be completed by either a Psychology or Social Work major. This minor will focus on the Equine Science courses that would prepare psychology or social work students for work in this field, while their major courses would prepare them for mental health work environments.

### Requirements for the Equine Facilitated Mental Health Minor

The Minor in Equine Facilitated Mental Health consists of the following 19 hours:

EQS 150	Basic Horsemanship	(3 hours)
EQS 232	Equine Management	(3 hours)
EQS 301	Principles of Therapeutic Horsemanship Instruction	(3 hours)
EQS 401	Advanced Therapeutic Horsemanship Instruction	(3 hours)
EQS 432	Principles of Riding Instruction	(1 hour)
EQS 449	Independent Study: Equine Behavior <b><u>OR</u></b>	(3 hours)
EQS 471	Internship	
EQS	Riding Courses	(3 hours)
	(To be determined by Equine Science faculty based on abilities/experience of the student)	

### **Course Descriptions**

#### **PSY 201                    GENERAL PSYCHOLOGY: 3 hours**

An introductory course designed to acquaint students with the generally accepted facts, principles and theories bearing on human behavior.

#### **PSY 204                    HUMAN GROWTH AND DEVELOPMENT: 3 hours**

A course examining theories of human cognitive and physical development throughout the lifespan emphasizing biopsychosocial interrelatedness, the interplay of genes and the environment (epigenetics), and the importance of healthy practices including those related to physical well-being (diet, rest, exercise) and mental well-being. Students are introduced to the importance of establishing and maintaining positive, nurturing, collaborative relationships from the level of immediate family to the larger world of work and society, in order to promote intellectual, emotional, social, moral, and physical health across the lifespan in populations served (such as elementary school children in schools or the elderly in geriatric care facilities).

#### **PSY 205                    EXCEPTIONAL CHILDREN (CT): 3 hours**

A designated critical thinking course designed to assist the future educator in meeting the needs of students with exceptionalities in all educational settings by understanding student differences associated with exceptionalities, learning styles, cultures, and other diversities. An emphasis on problem solving through the use of collaborative critical thinking skills and dispositions is used to develop instructional plans adapted to the individual needs of diverse student populations. Requires a field experience placement (on-campus students only) in a K-12 grade

school (EDU) or other community agency (PSY). *(Cross-listed with EDU 205)*

**PSY 206 PSYCHOLOGY OF WOMEN: 3 hours**

Considers the process of neuro-physiology as it affects a woman throughout the span of her life, from prenatal development through old age, shaping her behavior, beliefs and attitudes, and her relationships.

**PSY 275 MULTICULTURALISM: A PERSPECTIVE: 3 hours**

A course designed to help students perceive the cultural diversity of U.S. citizenry, develop pride in their own cultural legacy, awaken to and objectively consider the ideals embodied in the cultures of others, make informed decisions adapted to the needs of diverse populations and develop an appreciation of the common humanity shared by all peoples of the interdependent world. *(Cross-listed with SOC 275)*

**PSY 300, 301 DIRECTED READINGS IN BEHAVIORAL SCIENCE:  
1 to 3 hours each**

Readings in selected, specialized content areas of Behavioral Science, chosen jointly by student and instructor. Written and oral reports required.

**PSY 302 EDUCATIONAL PSYCHOLOGY: 3 hours**

A course examining psychological principles in education, including the topics of educational research; psychosocial, moral, and cognitive development; student motivation; learning theories; and contemporary and historical views of intelligence. Guides students in applying educational research to support learners' physical, social, emotional, and cognitive development. *(Cross-listed with EDU 302)*

*Prerequisite: PSY 201*

**PSY 305 COUNSELING PRINCIPLES AND PRACTICES: 3 hours**

Study and practicum involving theories, principles, problems and techniques.

*Prerequisite: Psychology major OR consent of the instructor*

**PSY 306 ABNORMAL BEHAVIOR (CT): 3 hours**

A study of the psychological processes involved in the various mental disorders and concepts relating to them.

*Prerequisite: PSY 201*

**PSY 307                    PSYCHOLOGY OF PERSONALITY: 3 hours**

Fundamental theories of personality, with attention to the cultural and biological determinants.

*Prerequisite: PSY 201*

**PSY 309                    SOCIAL SCIENCE STATISTICS: 3 hours**

A study of basic measures of central tendency. Includes Z- and T-scores, ANOVA, Correlation and Regression (bivariate), and Chi-squared.

*(Cross-listed with SOC 309)*

**PSY 312                    RESEARCH METHODS IN PSYCHOLOGY (CT): 3 hours**

Basic research theory, methods and design. Course includes values and ethics in research; field techniques; naturalist observation; surveys, experiments, quasi-experimentation, qualitative and quantitative research. The course will also include basic statistical analysis. A research paper is required.

*Prerequisite: PSY 201*

**PSY 320                    FAMILY AND GROUP PSYCHOLOGY: 3 hours**

This course is designed to observe and discuss the family from a social, psychological and systemic perspective. Problems of the modern family which arise from within and outside of the family setting will be considered.

Furthermore, the student will study the basic issues and key concepts of the group process and learn how to apply these concepts in working with a variety of groups.

**PSY 400                    SENIOR SEMINAR IN PSYCHOLOGY (CT): 1 hour**

An upper-level, intensive seminar on selected aspects of psychology as a means of enhancing learning and unifying the knowledge and experiences acquired as a psychology major. The senior seminar is designed to aid the psychology major in their transition from college to professional services and/or professional studies. Prerequisite: Senior status

**PSY 403                    PHYSIOLOGICAL PSYCHOLOGY: 3 hours**

A study of the relation between physiological functions and psychological functions. (Lec. 2, Lab. 1)

*Prerequisites: PSY 201, BIO 101*

**PSY 404                    HISTORY OF PSYCHOLOGY: 3 hours**

The historical development of modern psychology. The course deals with the nature of the psychological problems that have been raised at different periods and the attempts at solution of these problems.

**PSY 410                    SOCIAL PSYCHOLOGY: 3 hours**

Social Psychology is focused on the behavior of individuals as they interact with others and are influenced by the social factors of society. Attitudinal formation and change, motivation, social roles, aggression and altruism are examined. The individual is examined in small and large group interactions.

*(Cross-listed with SOC 410)*

**PSY 411                    SPECIAL STUDIES: 3 hours**

A course for upperclassmen seeking to complete requirements in their major or minor disciplines. Subjects will be taught that do not appear in the College catalog but are of value to a student in her career objectives and/or graduate studies.

*Prerequisite: Approval of the Department Head*

**PSY 412                    SPECIAL STUDIES: 3 hours**

A course for upperclassmen seeking to complete requirements in their major or minor disciplines. Subjects will be taught that do not appear in the College catalog but are of value to a student in her career objectives and/or graduate studies.

*Prerequisite: Approval of the Department Head*

**PSY 413                    SPECIAL STUDIES: 3 hours**

A course for upperclassmen seeking to complete requirements in their major or minor disciplines. Subjects will be taught that do not appear in the College catalog but are of value to a student in her career objectives and/or graduate studies

*Prerequisite: Approval of the Department Head*

**PSY 414                    SPECIAL STUDIES: 3 hours**

A course for upperclassmen seeking to complete requirements in their major or minor disciplines. Subjects will be taught that do not appear in the College catalog but are of value to a student in her career objectives and/or graduate studies

*Prerequisite: Approval of the Department Head*

**PSY 415                    PROFESSIONAL DEVELOPMENT: 3 hours**

The study of dress and appearance in developing a professional image, including personal and professional ethics, etiquette, resume writing and personal interviewing. (Open to non-majors)

**PSY 449, 450            INDEPENDENT STUDY: 3 hours per course**

Tutorial courses designed to meet particular needs of the students.

Prerequisite: PSY 201 and approval of the Department Head and Academic Dean

**PSY 470                    PRACTICUM IN PSYCHOLOGY: 1 hour**

An educational experience where the student is exposed, through actual observations and participation, to the various aspects of a work situation. This course is designed to meet the needs of Psychology majors or minors who plan to gain employment in a mental health/social services related field following graduation.

**PSY 471                    INTERNSHIP: Three to 6 hours**

This course provides an opportunity for further study in psychology/counseling by participation as an intern with local mental health agencies, the Department of Human Services or with not-for-profit area mental health or social services agencies. Daily journals and a final written evaluation will be required of each student. Application and one page proposal describing the nature, location, and duration of the desired internship should be submitted to the Department Head at least three months in advance. Internship guidelines and procedures stated elsewhere in this Catalog will be followed. The course is recommended for Psychology majors who plan to attend graduate studies following their graduation from Judson.

*Prerequisite: Approval of the Department Head and Academic Dean*